

Year 5/6 Sitting Volleyball

SPORT SPECIFIC RULES

1. Players must keep a part of their body between the buttocks and shoulder in contact with the floor when playing the ball.
2. There must be six players on court at all times. MINIMUM of 3 SEND players on court at one time.
3. Players can play the ball with any part of their body.
4. When serving a player must be positioned at the back of the court and their buttocks must not touch the court, however the servers feet, legs or hands may touch the court.
5. Players can serve underarm, over arm or throw the ball into play.
6. Players have two attempts to serve.
7. The team that wins the rally wins the point, they then serve the next point. If they lose that point the opposing team serves.
8. A point is scored after every serve.
9. A team rotates their position clockwise when they regain the serve.
10. The ball must go over the net on the third touch at the latest. Players cannot make two consecutive touches.
11. Additional notices:
 - 11.1. One 30 second time out is allowed per team per set.
 - 11.2. If the ball hits the boundary line it is in
 - 11.3. A block is not counted as a touch - the team still has three touches.
 - 11.4. Play will continue if a ball hits the net and goes over, including the serve.
 - 11.5. Players are not allowed to pull the net.