

GSSP Y5/6 INCLUSIVE SWIMMING GALA INFORMATION

Events

- Each school can enter 8 children who can swim 5 metres or less
- Width swimmers must **NOT** be able to Swim more than 5 metres
- Gala will involve walking, jumping, rotating while standing, push and glides with leg kicking front and back
- Kicking across the pool (equipment will be available)
- All events will start in the water, however, there will be waiting time around the poolside
- Children will Focus on the basics in swimming and Learning to become more comfortable in the water whilst having fun.

Swimwear

- All competitors must wear a swimming hat
- Swimmers can bring an extra towel to stay warm on poolside
- Goggles can be worn
- No football or Bermuda shorts to be worn by boys. Shorts must finish above the knee
- Girls must wear a one-piece swimming costume.
- No Jewellery to be worn in the swimming pool

Staffing

- 2 to 3 members of staff/helpers from each school will be required to attend for the supervision of the pupils during the swimming gala
- The teachers/helpers must be able to swim.
- At least one teachers/helpers must be with their pupils at all times on poolside.
- At least one teachers/helpers must supervise children if they need the toilet to ensure they return to poolside.

Health and medical Conditions

- The School teachers/helpers must give details of pupils suffering from any medical condition to the Swimming School prior to the swimming gala commencing.
- The school teacher must ensure that those pupils who use inhalers will only be allowed to swim provided they have their inhaler available on the poolside.

Fire alarm

- On hearing the fire alarm, the Lifeguard will clear the pool. All teachers/helpers must escort the pupils to the fire assembly point (MUGA)

Additional Information

A school teacher / staff member from each school attending the gala must visit the 'GSSP Member Events Area', complete the 'GSSP & Zambezi Swim Experience / Gala – Group Information' sheet and email this to info@zambezisportsschool.co.uk and ian.goldsmith@shc.ac.uk. This sheet includes the following info:

Names of the 8 children coming and abilities / swimming levels

- Non Swimmer
- Weak swimmer (Can swim up to 5 Metres)

Any relevant Medical information

- Any Disabilities
- Any relevant Behavioural Information
- Any medication being brought with and who it is for.

Any further enquires please contact:

GSSP: ian.goldsmith@shc.ac.uk

Zambezi Sports School: info@zambezisportsschool.co.uk