



# GSSP & Zambezi

## Risk Awareness Policy

How the session will look – subject to change with government and Shooters Hill guidelines

### General information

1. GSSP schools who have booked a swim experience will need inform [ian.goldsmith@shc.ac.uk](mailto:ian.goldsmith@shc.ac.uk) if they are unable to attend a session. A minimum 48 hours' notice must be provided for cancellations to enable the rescheduling of the session. Outside of this timeframe will result in the loss of the session.
2. Pupils will need the following - Swimming costume, towel, cap. Goggles are optional.
3. Please ensure pupils have been assessed on their ability prior to a session and the information letter is returned to [ian.goldsmith@shc.ac.uk](mailto:ian.goldsmith@shc.ac.uk) prior to attending. Please speak to a member of the Zambezi team if you are unsure of the requirements.

### Before the start of the lesson

1. Pupils to enter the pool via the fire exit for the start of the lesson 10 minutes before the start of the lesson to allow time for changing
2. There is a one-way system around the pool
3. There are 2 changing rooms, 10 in each (depending on boy / girl ratio's). All bags to be left in the changing rooms throughout the session
4. All children attending are planned to be in the pool for the whole session but if ratios are too high then they group will be split between the pool and the swim classroom
5. Swim classroom - 10 pupils will swim for 45 minutes and the other 10 pupils will have a classroom lesson for 30 minutes. Then they will swap over.
6. Pupils swimming first will get changed and meet on poolside for the lesson
7. Those doing the classroom activity will drop their bags in the changing rooms and then go to the classroom. After the 30-minute lesson the pupils will have 15 minutes to get ready for the 45-minute swim and meet on poolside
8. Those finishing their swim will have 15 minutes to get ready for the classroom activities however leave their bags in the changing area.
9. All necessary equipment will be provided.

### During the session

1. All teachers are Swim England or STA qualified.
2. All sessions will follow the Swim England safe Supervision ratios for swimming lessons and training sessions.
3. Social distancing will apply where possible during the session
4. On occasions, a teacher may be required to teach from in the water, in this event, a member of school staff will be required to act as a spotter from poolside.

### After the session

1. Pupils will collect their bags if they have been in the classroom
2. Pupils that need to get changed will go to the changing area
3. Pupils must be able to change in and out of their swimwear without assistance.
4. Showers are not permitted at any time.
5. The exit is via the fire door

Updated 18<sup>th</sup> January 2024