



GSSP & Love To Swim

Covid-19 and Risk Awareness policy

How the session will look – subject to change with government and Shooters Hill guidelines

General information

1. SHSFC attendees will need inform Love to Swim if they are unable to attend due to Covid-19 latest government guidelines or any other reason. A minimum 48 hours' notice must be provided for cancellations to enable the rescheduling of the session. Outside of this timeframe will result in the loss of the session.
2. Please always abide by the social distancing rules 2m and recommend adults wear a mask unless exempt.
3. Changing rooms will be cleaned after each lesson
4. Pupils will need the following - Swimming costume, towel, cap. Goggles are optional.
5. Please ensure pupils have been assessed on their ability prior to a session. Please speak to a member of the Love to Swim team if you are unsure of the requirements.

Before the start of the lesson

1. Pupils to enter the pool via the fire exit for the start of the lesson 10 minutes before the start of the lesson to allow time for changing
2. Staff will be on the door to ensure social distancing
3. There is a one-way system around the pool
4. There are 2 changing rooms, 10 in each (depending on boy / girl ratio's). All bags to be left in the changing rooms throughout the session
5. 10 pupils will swim for 45 minutes and the other 10 pupils will have a classroom lesson for 30 minutes. Then swap over
6. Pupils swimming first will get changed and meet on poolside for the lesson
7. Those doing the classroom activity will drop their bags in the changing rooms and then go to the classroom. After the 30-minute lesson the pupils will have 15 minutes to get ready for the 45-minute swim and meet on poolside
8. Those finishing their swim will have 15 minutes to get ready for the classroom activities however leave their bags in the changing area.
9. All necessary equipment will be provided.
10. Masks are recommended unless exempted but may be removed during the session

During the session

1. All teachers are Swim England or STA qualified.
2. Hand sanitisers will be provided on poolside
3. All sessions will follow the Swim England safe Supervision ratios for swimming lessons and training sessions.
4. Social distancing will apply where possible during the session
5. On occasion, a teacher may be required to teach from in the water, in this event, the schoolteacher will be required to act as a spotter from poolside.

After the session

1. Pupils will collect their bags if they have been in the classroom
2. Pupils that need to get changed will go to the changing area
3. Pupils must be able to change in and out of their swimwear without assistance.
4. Showers are not permitted at any time.
5. The exit is via the fire door

Updated 19th January 2022