

GSSP Workshops Disclaimer

- If you have any feedback please use the feedback area on the GSSP members website or to raise any concerns please visit the 'contact us' area
- The training session is targeted at young people in the age range 8-11 and all activities designed to suit their needs and contribute to an active and healthy lifestyle
- None of the content is 'Physical Education' but is a representation of extra-curricular school sport accessed from the home or in wrap-around childcare environments
- Activities provided in the training session can be physical and demanding and may have inherent hazards associated with them. Whilst the GSSP has taken all reasonable precautions to try and ensure the safety of all participants, unfortunately accidents can occur
- Participation in all activities in the training session are undertaken strictly at the risk of the participant and their school/ parents / guardians
- To minimise the risk associated with physical activities, participants and school staff should responsibly ensure a) a safe environment, b) suitable clothing, c) a short warm-up, d) medical advice in the case of a medical condition
- Following the activities of this video will not guarantee provision of the advised 60 minutes of physical activity per day for young people, but will contribute to this
- We do not accept any liability or obligation to the viewers of this video in connection with the activities
- Content is copyright © GSSP, should you wish you re-use any materials please contact us.