

SwimPix

www.aswim.uk

news

February 2022

A Workshop exploring Autism



with strategies and solutions

Outcomes include...

- Identify traits and characteristics for Autism
- Experience what it's like to have Autism
- Find solutions for teaching in and around the pool to create and creating a happy learning environment

with Alison Bell & Lorna Crust

Monday 7th February 2022 7-8pm
£10 including e-certificate

BOOK VIA OUR WEBSITE

www.aswim.uk

Go to: **Training**

Choose: **'Exploring ASC, ADHD, DYS, DYP'**
as your Standard



Welcome to our first aswim uk newsletter for 2022

SwimPix news is here to keep you in touch and share ideas.

In this month's issue we have some exciting training opportunities for all to kick off the new year. Each month we will have a 'Sign with SwimPix' to learn BSL as well as top tips for using SwimPix.

On page 2 this month we have details of SwimPix Packs and an exciting article on 'Liquid Vibration' from Lorna Crust at Marjorie McClure School which I am sure you will find interesting.

If you have any case studies you would like to share on how you use SwimPix to support communication, learning and in promoting an inclusive learning environment please contact us:

Alison: training@aswim.uk

John: office@aswim.uk

Alison
Alison Bell

3 Top Tips for January

SwimPix can take a little preparation however, here are 3 positive points for making the time:

- Time can be spent with other teachers sharing ideas
- Communication is clear and learning is faster
- Teachers enjoy the class - seeing pupils succeed because pupils understand quicker



The Virtual Pool

The Virtual Pool is an online group for swim teachers or organisers of school swimming. We have two time slots on each session to allow more opportunities to attend.

Date: **21st February 12.45 - 1.15pm and/or: 5 - 5.30pm**

Topic: **Exploring Cross Curricular activities**

To book email Lorna Crust: lcrust@mmc.bromley.sch.uk



Inclusion 2024 Live

The Youth Sport Trust's 'Inclusion 2024 Live' will be on every afternoon from 7th -11th February.

aswim uk are teaming up with Marjorie McClure Specialist School to host a discussion on inclusive school swimming and water safety at this event **10th February 3.45 - 4.30pm** presented by Lorna Crust and Alison Bell. **Open to all schools and practitioners providing swimming.**

To register for the sessions throughout the week, please follow this link: https://youthsporttrust.force.com/YST_EventRedirectUp-date?id=a4O3z000000maqM

Signing with SwimPix



again



SwimPix

The perfect tool
for any swimming lesson!

aswim uk have produced 3 Full Packs of
SwimPix with accompanying 'Minis'
and 'Break it Down' books
covering the Swim England Programmes

<https://aswim.uk/Shop/>

Learn to Swim Pack



Break it Down Book
Progressive teaching
practices and teaching
points

Schools Swimming Packs

Schools Swimming and Water Safety Pack



Break it Down Book
Progressive teaching
practices and teaching
points including SEND

Schools Swimming and Water Safety Foundation (SEND) Pack

All SwimPix products can be purchased through our online shop at <https://aswim.uk/Shop/>
or for sales enquiries email John at office@aswim.uk

For further advice and training contact Alison on training@aswim.uk or 07802 631571
Watch our introduction video on our website: aswim.uk/Introducing-SwimPix

Liquid Vibration Training

Liquid Vibration (LV) started at Marjorie McClure School in 2021 with an induction in September and then 2 Saturdays where we were in the water practicing on each other whilst being trained by 'Watsu Aqua Therapy' practitioners.

Liquid Vibrations provides training to practitioners to enable organisations to offer Musical Hydrotherapy and integrate it successfully into their curriculum or rehabilitation programmes.

The benefits of Music Hydrotherapy include:

- Increased motor and sensory skills
- Increased appreciation to sound and music
- Increased communication in the classroom
- A deeper state of relaxation



The final training sessions took place in school and the results were phenomenal and staff and students amazed at the relaxing benefits for the students and the staff!

"Today was amazing. It was so lovely having her in the pool and having staff there to support me was fantastic. She really enjoyed the session and I could feel her relaxing. When she was getting out, she kept signing 'more' to me"

LV sessions have now been added to our Friday clubs and swimmers are currently on a rota to experience this wonderful therapy. We are also looking into running an after school session for staff, parents and carers.

Lorna Crust

