# © FOUNDATION

### MCCF Lewisham HUB

St Dunstan's College Sports Centre

TRIALS: 10<sup>th</sup> January 2021

S E S S I O N S: 17<sup>th</sup>, 24<sup>th</sup>, 31<sup>st</sup> January, 7<sup>th</sup>, 14<sup>th</sup>, 28<sup>th</sup> February, 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup> March2021

(13.00 - 14.30 & 14.30 - 16.00)

• U13 & U15

# WHAT IS A HUB?

- Have fun whilst being supported to reach your full potential on and off the cricket pitch
- 10 weeks of high-quality intensive indoor cricket coaching
- Match play and talent ID opportunities over summer
  - Strength & conditioning support
  - Completely free to attend

### ELIGIBILITY

- Aged 11-15
- Attend a state school
- Committed to putting 100% effort into all training sessions
  - Tape ball and hardball cricketers welcome

# APPLY

Thinking about it? Email the Hub Manager to find out more:

Vishal Khetia/ vkhetia@yahoo.co.uk

Ready to go? Register your interest here by 8<sup>th</sup> January 2021

Your invitation to join the MCCF Cricket Hub