

Firefighter Fit Kids

Creating healthy heroes



Thank you for your interest in Firefighter Fit Kids.

We believe we have designed an innovative way of learning which is inclusive, fun and inspiring. It combines vigorous exercise with different activities to educate children about health, fitness and safety awareness. Our aim is to inspire the next generation to a healthier future by sharing our firefighter related workouts and nutritional advice.

We have a number of products available and recommend you visit our website www.firefighterfitkids.co.uk to view demonstrations, get to know us and understand the format of the products available.

The Firefighter Fit Kids Virtual Pack consists of 20 HIIT workouts with inspiring firefighter scenarios that will capture the imagination of all those taking part and we have also included mindfulness and first aid videos. In addition to reinforce learning, we have designed Firefighter Fit Kids Worksheets that cover a range of topics from nutrition, fire safety, road safety and hydration.

We are very excited to introduce Firefighter Fit Kids to schools and as an introductory offer; we are giving you 12 months access at the discounted price of £650 (normally £999). This will also include a 14 day money back guarantee if you wish to cancel.

In addition, when schools purchase a FFK Virtual Pack they will be entitled to a 30% discount on the Firefighter Fitness Trail. More information about our fitness trails can be found on our website.

We hope that our website can provide you with more in-depth information and that you can enjoy learning about the products which are available.

If you wish to place an order or would like to discuss the options in more detail, please do not hesitate to contact us via the methods below.

Thanks again for your time,

FFK

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