

## **GSSP Virtual Competition Disclaimer**

- If you have any feedback please use the feedback area on the GSSP members website or to raise any concerns please visit the 'contact us' area
- Virtual Competitions are targeted at young people in the age range 5-11 and all activities designed to suit their needs and contribute to an active and healthy lifestyle
- None of the content is 'Physical Education' but is a representation physical activity accessed from the home or school under supervision
- Activities provided in the session can be physical and demanding and may have inherent hazards associated with them. Whilst the GSSP has taken all reasonable precautions to try and ensure the safety of all participants, unfortunately accidents can occur
- Participation in all activities in the competition are undertaken strictly at the risk of the participant and their school/ parents / guardians
- To minimise the risk associated with physical activities, participants, parents / guardians and school staff should responsibly ensure a) a safe environment, b) suitable clothing, c) a short warm-up, d) medical advice in the case of a medical condition
- Following the activities of this video will not guarantee provision of the advised 60 minutes of physical activity per day for young people, but will contribute to this
- We do not accept any liability or obligation to the viewers of this video in connection with the activities