



LYG VIRTUAL GAMES:

Format:

A four-week virtual competition giving young Londoners the chance to represent their Borough in a series of sport related challenges that can be done at home, at school or while out for daily exercise. There will be three challenges released every week, each relating to a different sport. Each challenge will be set by a YLG athlete. Participants must complete the challenges to earn points for their Borough. At the end of the four-week competition, a Borough champion will be crowned.

Challenges:

The three weekly challenges will be released every Monday, Tuesday and Wednesday at 9.00am across YLG's social media channels and on the YLG website. Participants have until Friday at 12.00pm to submit their entries. Entries can be submitted via a form on the YLG website or by uploading a video entry to social media (Instagram, Twitter, Facebook, TikTok) using the hashtag #ThisIsLYG. Participants must state what Borough they are representing when uploading to social media.

Each challenge will be introduced by a different YLG athlete. The YLG athlete will record a video of them introducing and then completing the challenge before encouraging others to get involved. These videos will be used to communicate the challenges on social media. The videos will also be shared on the YLG website along with further written instructions, including information on how each challenge can be adapted for different abilities.

A Challenge Pack comprising of a Challenge Sheet and Scorecard will be made available to download via the YLG website. These will also be distributed to schools in advance, along with a weekly Schools Scorecard enabling teachers to submit multiple entries at once via email.

Scoring:

Boroughs will receive a set amount of points for each challenge depending on their placing. Following the final challenge, the Borough with the most points will be crowned champion.

1 st	30
2 nd	25
3 rd	20
4 th	15
5 th	10
All other placings	5

A Borough's score for each challenge will be calculated by collating the average score of all participants from that Borough and adding it to the total number of participants. Where it is not possible or applicable to calculate an average score, the total number of participants will determine the score.

Every week a Challenge Champion for each sport will be announced (highest score across all three challenges) and a leaderboard showing current overall placings will be shared. The scores for the three weekly challenges will be announced every Friday at 5pm.

MVP Awards:

Throughout the competition, individual MVP awards will be given out to participants who show the greatest ability, creative or style. The MVP award is only available to participants who share video entries. The MVPs will receive a prize and a shout out on YLG social media channels.